



This is to certify that AMAN SINHA, a student of class XII-A has successfully completed the research on the below mentioned project under the guidance of Mrs. Priyanka Srivastav (Subject Teacher) during the year 2015-2016 in partial fulfillment of chemistry practical examination conducted by AISSCE, New Delhi.

Signature Of External Examiner

Signature Of Chemistry Teacher

Acknowledgement

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Name :- Aman Sinha

Date : - 9th July 2015



- 1) Certificate Of Excellence
- 2) Acknowledgement
- 3) Introduction
- 4) Theory
- 5) Requirements Or Apparatus Required
- 6) Procedure
- 7) Observation & Calculation
- 8) Result
- 9) Bibliography

Study Of Oxalate Tons In Different Guara Samples

<u>Aim Of The Experiment</u> 70 study the presence of Oxalate Jons in Different Guava Samples



Guava is a sweet, juicy and light dark green colored fruit, when ripe it acquires a yellow color & has a penetrating strong scent. The fruit is rich in vitamin C & minerals. It is a rich source of oxalate and its content in the fruit varies during different stages of ripening.

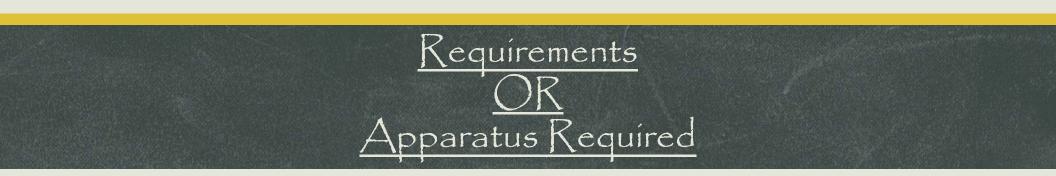
In this project, we will learn to test for the presence of oxalate ions in the guava fruit and how it amount varies during different stages of ripening.

Theory

Oxalate ions are extracted from the fruit by boiling pulp with dil. H_2SO_4 . Then oxalate ions are estimated volumetrically by titrating the dilution with standard KMnO₄ solution.



fig:- oxalate ion



100 ml. Measuring flask, pestle ξ mortar, beaker, titration flask, funnel, burette, weight-box, pipette, filter paper, dilute H_2SO_4 , N/ZO KMnO_4 solution, guava fruits at different stages of ripening.



- 1) Weigh 50.0 g of fresh guava & crush it to a fine pulp using pes<mark>tle-m</mark>ortar.
- 2) Transfer the crushed pulp to a beaker \mathcal{Q} add about 50 ml. dil. \mathcal{H}_2SO_4 to it. Boil the contents for about 2 minutes.
- 3) Cool & filter the contents in a 100 ml. measuring flask. Make the volume up to 100 ml. by adding distilled water.
- 4) Take 20 ml. of the solution from the measuring flask into a titration flask A add 20 ml. of dil. H_2SO_4 to it. Heat the mixture to about 60°C A titrate it against N/20 KMn O_4 solution taken in a burette.
- 5) END POINT: appearance of permanent Light-Pink color.
- 6) Repeat the exp. With 50.0 g of 1, 2 & 3 days old guava fruit.



Observations & Palculations

- nt of Guava Fruit taken:-
- ne of guava extract in titration:-
- ality of KMnO₄ Solution:-

1/20

50.0 g

20.0 ml

- Guava,
- ctract) $N_1 V_1 = N_2 V_2$ (KMnO₄ sol.)
- 10 = 1/20 x (X)
- y of Oxalate, $N_1 = (X)/200$

Guava extract from	Burette Readings		
Initial	Final	Con. Vol. of	
		N/20 KMnO ₄	
Fresh Guava			
1 day Guava			
2 day Guava			
3 day Guava			

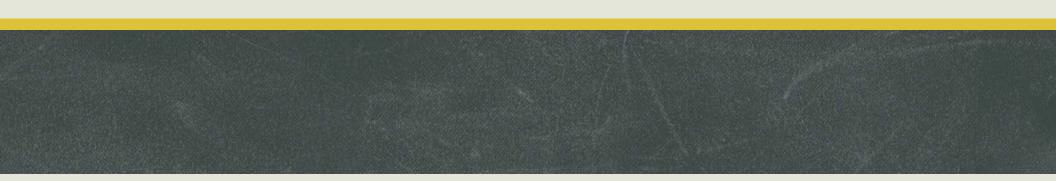


Strength of Oxalate in Fresh guava extract,

= Normality x Eq. mass of oxalate ion

- = (X)/200 x 44
- = /200 x 44
- = ___g/l. of the diluted extract

To be continued in next page.....

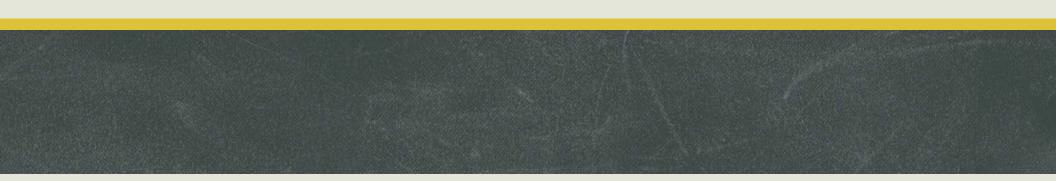


• Strength of Oxalate in <u>1 Day guava extract</u>,

= Normality x Eq. mass of oxalate ion

= ____g/l. of the diluted extract

To be continued in next page.....

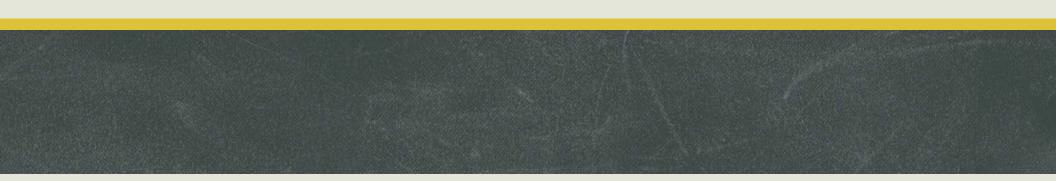


Strength of Oxalate in <u>2 Day guava extract</u>,

= Normality x Eq. mass of oxalate ion

= ___g/l. of the diluted extract

To be continued in next page.....



- Strength of Oxalate in <u>3 Day guava extract</u>,
 - = Normality x Eq. mass of oxalate ion
 - = (X)/200 x 44
 - = /200 x 44
 - = ____g/l. of the diluted extract



Strength of Oxalate ion in,

- Fresh Guava: _____g/l.
- 1 Day Guava: _____g/l.
- 2 Day Guava: _____g/l.
- 3 Day Guava: _____g/l.

Presence of oxalate ion is high in guava, about ____% of guava contains oxalate ions, amount of oxalate ion decreases as it ripens!!!

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Study on the presence of oxalate ions in guava and sapota fruits

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Abstract

The oxalate content of guava and sapota fruits at different stages of ripening were found out by permanganometric method. Oxalate rich foods are usually restricted to some degree, particularly in patients with high urinary oxalate level. Guava and sapota fruit have the highest percentage of vitamin C among citrus fruits. It also contains oxalate amount of which varies with ripening of the fruit. During ripening of guava and sapota fruit; the oxalate content increases progressively and the fully ripe fruit has the maximum oxalate content. Oxalate form an insoluble complex with calcium in the urine, or hyper-oxaluria, is even more important to stone formation than high levels of calcium or hypercalcicuria. Excessive intake of food and drink containing oxalate leads to calcium oxalate stone. Also, excessive intake of vitamin C which metabolized to oxalate may lead to hyper calcicuria and an increase in stone formation. Pain medications can be prescribed for symptom relief. Surgical techniques have also been developed to remove kidney stones.

Keywords: permanganometric method, hyper-oxaluria, hypercalcicuria, vitamin C etc.

1. Introduction

Oxalate (IUPAC ethandionate) is the dianion with the formula $C_2O_4^{2-}$ also written as $(COO)^{2-}$ 2. either name is often used for derivation, such as salts of oxalic acid for example, sodium oxalate $2((Na)^{+2}C_2O_4^{2-})$ or esters. For example, Dimethyl oxalate $((CH_3)_2C_2O_4)$ also forms coordination compounds where it is abbreviated as ox. Many metal ions from insoluble precipitates with oxalate, a prominent example calcium oxalate, the primary constituents of most common kind of kidney stones. Guava, a native of Central America was introduced to India in the 17th century and lea became naturalised in the state of, Bihar. It is a small profusely branched tree, bearing solitary white flowers. The fruits are medium sized globoze with whitish greenish skins. The fruits in a berry with a pulpy edible meso. The guava plant is extremely hardy and can tolerate prolonged dry and drought periods, but not frost. It requires 60.80 inches of rain full. It is capable of growing in poor alkaline or poorly drained soils with p^{H} ranging from 4.5 to 7.5. The plant is propagated by stem and stem cutting. It is a more successful method of cultivation. The plant yields fruits twice a year. The important varieties are Allahabad Safeda, Chiffidas, Lucknow 49, Hafsi, Harijha, Habshie etc. Sapota in a large and highly ornamental evergreen tree that can reach a night of 15 to 45 metre. It is mainly propagated by grafting. Which ensures the new plant has the same choolaeteristic as the parent, especially its fruit, as it doesnot grow true to seed. It is also considerably faster than growing trees by seed, producing fruit in 3 to 5 years, growns from seed needs seven years of growth. In florida, the fruit is zaarrested from May to July with some cultivars available all years.

2. Objectives of the study

i) To study the oxalate content in Guava fruit and Sapota fruit.

ii) To compare the oxalate content of different days ripened Guava and Sapota fruit.

3. Materials and Methods Chemicals required

Dilute H₂SO₄, N/20 KMnO₄ Solution.

Apparatus Required

100 ml measuring flask, pestle and motor beaker. Filtration flask, funnel, burette, pipette, filter paper.

Materials Required

Pulp of guava and sapota fruits at different stage of ripening, 0.005N KMnO₄ and dil. H₂SO₄.

Methodology

Procedure

The first step is to standardised $KMnO_4$. In order to stadardise the N/20 $KMnO_4$ solution we prepare 0.05N oxalic acid.

Preparation of standard oxalic acid:

Weight accurately about 1.2g of oxalic acid and make up into 200ml standard flask using distilled water.

Standardisation of KMnO₄

(Standard oxalic acid x KMnO₄)

Fill up the burette with potassium permanganate solution after washing and rinsing the burette. Pipette out 20 ml of standard oxalic acid solution in to a clean conical flask. Add an equal volume of dilute sulphuric acid and heat the mixture at 60°C. Titrate against potassium permanganate solution. The end point is the appearance of permanent pale pink colour. Repeat the titration to get concordant value and calculate the normality of potassium permanganate solution.

Standardisation of Free oxalate ion present in the given fruit pulps

Procedure

Oxalate ions are extracted from the fruit by boiling pulp with dil. H₂SO₄. Then oxalate ion are estimated volumetric by titrating the solution with standard Kmno₄ solution.

Weight 50.0 gm of fresh guava and crush is to a fine pulp using pestle motor. Transfer the crushed pulp to a beaker and add about 50 ml dil. H_2SO_4 to it. Boil the content for about 10 min. Cool and filter the content up to 100 ml measuring flask make the volume up to 100 ml by adding distilled water. Pipette out 10ml of this solution into the other 100ml standard measuring flask. Take in to a titration flask and add 20 ml of dil H_2SO_4 acid to it. Heat the mixture to about 60°C and titrate it against N/20 KMnO₄ solution taken in a burette. The end point in appearance of permanent pale pink colour. Repeat the above experiment) with 50.0 gm of 1, 2, 3 and 4 days old guava fruit.

4. Calculation

Calculation of strength of oxalic acid

Equivalent weight of oxalic acid Normality of Oxalic Acid

Normality of Oxalic acid

= 63 $= \frac{\text{Weight / liter}}{\text{Equivalent weight}}$ $= \frac{0.7 \times 5}{63}$ = 0.06 N

Calculation of strength of KMnO₄

Volume of oxalic acid	$V_1 = 20 \text{ ml}$
Strength of oxalic acid	$N_1 = 0.061 N$
Volume of KMnO ₄	$V_2 = 23$
Normality of KMnO ₄	$N_2 = ?$
	$\mathbf{V}_1 \mathbf{N}_1 = \mathbf{V}_2 \mathbf{N}_2$
	$N_2 = V_1 N_1 / V_2$
	$= 20 \ge 0.061 / 23$
Normality of KMnO ₄	$(N_2) = 0.053N$

Calculation of amount of oxalate ions in guava fruit

Weight of guava fruit taken each time	=	50 g
Volume of guava extract taken for each titration	=	20 ml

Table 3.1

Types of fruit	Burette 1	Reading	Volume of	Concordant Value
1 ypes of 11 uit	Initial	Final	KMnO ₄ (ml)	(ml)
Fresh fruit	0	5.5	5.5	5.5
Flesh hult	0	5.5	5.5	5.5
One day old	0	7.3	7.3	7.3
One day old	0	7.3	7.3	1.5
Two days old	0	8.2	8.2	8.2
1 wo days old	0	8.2	8.2	0.2
Three days old	0	8.9	8.9	8.9
Three days old	0	8.9	8.9	0.9
Four days old	0	9.6	9.6	9.6
Four days old	0	9.6	9.6	9.0
Five days old	0	10.3	10.3	10.3
Five days old	0	10.3	10.3	10.5

Normality of the KMnO₄ solution used for titration=0.053 N

i) For Fresh guava fruit

Volume of KMnO ₄ Solution	V_1	= 5.5 ml
Normality of KMnO ₄ solution	N_1	= 0.053 N

Volume of guava fruit extract $V_2 = 20 \text{ ml}$ Normality of the oxalate ions in the guava extract $N_2 =$? $V_1N_1 = V_2N_2$ $N_2 = V_1N_1/V_2$ $N_2 = 5.5 \text{ x}0.053/20$ = 0.014575 NAmount of oxalate ions in 1000g fresh guava extract $= N_{\text{oxalate}} \text{ x } 44 \text{ x } 100/1000 \text{ x } 1000/50 \text{ g/litre}$ = 0.03084 x 44 x 2= 1.2826 g/litre

Calculation of amount of oxalate ions in Sapota fruits

Weight of Sapota fruit taken each time	=	50 g
Volume of Sapota extract taken for each titration	1 =	10 ml

Table	3.2
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Types of fruit	Burette Reading		Volume of	Concordant Value	
Types of fruit	Initial	Final	KMnO4 (ml)	Concordant value	
Fresh fruit	0	9.7	9.7	9.7 ml	
Flesh fruit	0	9.7	9.7	9.7 IIII	
One day old	0	10.2	10.2	10.2 ml	
One day old	0	10.2	10.2	10.2 III	
Two days ald	0	11.2	11.2	11.2 ml	
Two days old	0	11.2	11.2	11.2 IIII	
Three down old	0	11.9	11.9	11.9 ml	
Three days old	0	11.9	11.9	11.9 III	
E J	0	12.7	12.7	12.7 ml	
Four days old	0	12.7	12.7	12.7 mi	
Eine dans ald	0	13.3	13.3	12.2 ml	
Five days old	0	13.3	13.3	13.3 ml	

Normality of the KMnO₄ solution used for titration = 0.04746 N

ii) For Fresh sapota fruit

Volume of KMnO ₄ Solution	V_1	=	9.7 ml
Normality of KMnO ₄ solution	N_1	=	0.053 N
Volume of sapota fruit extract	V_2	=	20 ml
Normality of the oxalate ions in th	ne sapota	extra	act $N_2 = ?$
	V_1N_1	=	V_2N_2
	N_2	=	V_1N_1/V_2
	N_2	=	9.7 x0.053/20
		=	0.025705 N
Equivalent weight of oxalate ion		=	44
Amount of oxalate ions in 1000g fresh sapota extract			
- N . $x 44 x 10$	00/1000 3	- 100	$0/50 \alpha/litro$

=	N _{oxalate} x 44 x	100/1000 x	1000/50	g/litre

- = 0.025705x 44 x 2 g/ litre
- = 2.26204 g/litre

5. Result and Discussion

The oxalate content of guava and sapota fruits at different stages of ripening were found out by permanganometric method. The results are given below:

Table -	4.1
---------	-----

Sample	Weight of oxalate ion in 50g of guava fruits (g/litr)
Fresh guava	1.2826
First day guava	1.70236
Second day guava	1.9096
Third day guava	2.0754
Fourth day guava	2.2
Fifth day guava	2.3936

Table 4.2

Sample	Weight of oxalate ion in 50g of sapota fruits (g/litre)	
Fresh sapota	2.26204	
First day sapota	2.37864	
Second day sapota	2.61184	
Third day sapota	2.77508	
Fourth day sapota	2.9568	
Fifth day sapota	3.0976	

From the above table it was found that the amount of oxalate content varies with ripening of fruits. Among the five days of guava and sapota fruits, fresh fruits had minimum oxalate content. As days went on during ripening the oxalate content increased progressive and had the maximum oxalate content in the fully ripe fruit.

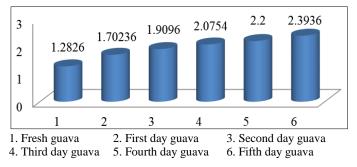


Fig 4.1: Chart representing the changes in oxalate content of guava fruit during ripening

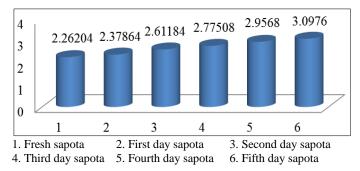


Fig 4.2: Chart representing the changes in oxalate content of sapota fruit during ripening

6. Conclusion

This project centered upon estimating the amount of oxalate present in the sapota and guava fruits during ripening. The oxalate content was on the increase in both the fruits and the days passed on, that is as the ripening proceeded. It should be noted that the increase in oxalate content was mere in sapota than in Guava. The presence of oxalate in injurious to health. Oxalate rich foods are usually restricted to some degree, particularly in patients with high urinary oxalate level. Guava and sapota fruit have the highest percentage of vitamin C among citrus fruits. It also contains oxalate amount of which varies with ripening of the fruit. During ripening of guava and sapota fruit; the oxalate content increases progressively and the fully ripe fruit has the maximum oxalate content. Oxalate form an insoluble complex with calcium in the urine, or hyper-oxaluria, is even more important to stone formation than high levels of calcium or hypercalcicuria. Excessive intake of food and drink containing oxalate leads to calcium

oxalate stone. Also, excessive intake of vitamin C which metabolized to oxalate may lead to hyper calcicuria and an increase in stone formation. Pain medications can be prescribed for symptom relief. Surgical techniques have also been developed to remove kidney stones. Rather than having to undergo treatment, it is best to avoid kidney stone in the first place. Avoid calcium rich foods and drink more water. Water helps to flush away that form stones in the kidneys.

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ESTMATION OF OXALATE IONS IN SAPOTA, TOMATO, AND GUAVA IN DIFFERENT STAGES OF RIPENING

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ABSTRACT

The work aims to estimate the Oxalate ion in three fruits varies during different stages of ripening. Oxalate is the dianion with the formula C_2H4^2 -. Many metal ions form insoluble precipitates with oxalate (eg) calcium oxalate, the primary constituent of the most common kind of kidney stones. In the present study the oxalate content was more in riped sapota than in guava and Tomato. This in turn will provide an advice to take medium riped fruits always balancing the taste of the fruit and physiological power of affecting the kidney by Oxalate content.

KEYWORDS: Oxalate ion, Kidneystone, Guava, Tomato, sapota

INTRODUCTION

1.1. Oxalate (IUPAC: Ethanediate)

Oxalate is the dianion with the formula $C_2H_4^{2-}$, also written $(coo)_2^{2-}$ Either name is often used for derivatives, such as salts of oxalic acid, for example sodium oxalate $Na_2C_2O_4$, or dimethyl oxalate $(CH_3)_2C_2O_4$. Oxalate also forms coordination compounds where it is sometimes abbreviated as oxalate.

Many metal ions form insoluble precipitates with oxalate, a prominent example being calcium oxalate, the primary constituent of the most common kind of kidney stones.

Occurance in nature:

Oxalate occurs in many plants, where it is synthesized by the incomplete oxidation of carbohydrate. The root or leaves of Rhubarb and buckwheat are high in oxalic acid. Other edible plants that contain significant concentrations of oxalate include in decreasing order, star fruit (carambola), black pepper, parsely, poppy seed, amaranth, spinach, chard, beets, cocoa, chocolate, most nuts, most berries, fishtail palms, New Zealand spinach (Tetragonia tetragonioides) and beans.

Leaves of tea plants (mellia sinensis) contain among the greatest measured

concentrations of oxalic acid relative to other plants.

Physiological effects:

In the body, oxalic acid combines with divalent metallic cations such as calcium (ca^{2+}) and iron (II) (Fe²⁺) to form crystals of the corresponding oxalates which are then excreted in urine as minute crystals. These oxalates can form larger kidney stones that can obstruct the kidney tubules. An estimated 80% of kidney stones are formed from calcium oxalate. Those kidney disorders, gout, rheumatoid arthritis, or forms of chronic certain vulvar pain (vulvodynia) are typically advised to avoid foods in oxalic acid.

Oxalic acid can also be produced by the metabolism of ethylene glycol ("anti freeze"), glyoxalic acid or ascorbic acid (vitamin C).

Powdered oxalate is used as a pesticide in bee keeping to combact the bee mite.

Some fungi of the genus Aspergillus produce oxalic acid.

Health risk due to oxalate:

Although unusual consumption of oxalates (for example, the grazing of animals on oxalate containing plants such as Bassia hyssopifolia, or human consumption of wood sorrel) may result in kidney disease or even death due to oxalate poisoning.

MATERIALS AND METHODS METHODS OF PREPARATION OF SOLUTIONS

Preparation of stock solution (0.05 N KmnO₄)

Preparation of oxalate solution

50 g of both sapota, tomato, and guava pulp were weighed separately and ground using mortar and pestle. The crushed pulp was transferred to a beaker and 50 ml of dil. H_2SO_4 was added to it. Then the contents were boiled for 10 minutes, cooled and the extract was filtered through a fine cloth. The residue was discarded and the filtrate was transferred into a 100 ml standard flask, 10 ml of this extract was pipette out into 100 ml standard measuring flask. It was washed repeatedly with distilled water and it was transferred into the same flask and made up to mark. The solution was shaken well for uniform mixing and labeled.

ESTIMATION OF FREE OXALATE IONS IN EXTRACT

Standardization of KMnO₄

20 ml of 0.05 N standard ferrous ammonium sulphate solution was pipette out into a clean conical flask. Equal volume of dil. H_2SO_4 was added and titrated the solution against KMnO₄ taken in the burette. End point is the appearance of permanent pale pink color. The titrations were repeated to get the concordant value. From the titre value, the strength of KMnO₄ is calculated.

Standardization of free oxalate ions in the extract

Previously cleaned and rinsed burette was filled with the standard potassium permanganate solution. 10ml of the extract containing oxalate ion was pipette out into a clean conical flask. An equal volume of dilute sulphuric acid was added. The contents of the flask were heated to 70° C and titrated against potassium permanganate taken in the burette. The appearance of permanent pale pink color indicates the end point. From the titre value strength and the amount of oxalate ions present in the whole of the solution was calculated.

The above experiment was repeated by taking 50 gram of the sapota, tomato, and guava at different stages of ripening (1 e. after raw and ripe) each time, making 100 ml of the solution as explained above and titrating against the same normality of KMnO₄ solution.

RESULTS AND DISCUSSION

In this project, three types of fruits (Sapota, Tomato, and Guava) were taken to estimate the oxalate ions and how it amount varies during different stages of ripening. The three fruits are the rich source of oxalate. From the titre value, it should be noted that the increase in oxalate content was more in sapota than in guava and tomato.

CALCULATION

Weight of sapota taken =50 gm

Volume of sapota extract taken for titration = 10ml

	Burette reading		Volume of	Concordant
Extract from sapota	Initial	Final	KMnO ₄ (ml)	value
Raw Fruit Ripe Fruit	0 0	5.2 7.2	5.2 7.2	5.2 7.2

Normality of the KMnO₄ solution used for titration = 0.1923 N

For raw sapota fruit

Amount of oxalate ions in 1000 g raw sapota extract

$$= N_{\text{oxalate}} X 44 X \frac{100}{1000} X \frac{1000}{50} g/\text{litre}$$
$$= 0.0529 \text{ x } 44 \text{ x2}$$

$$= 4.6552$$
 g/litre

For fresh sapota fruit:

Amount of oxalate ions in 1000g of fresh sapota fruit

$$= N_{\text{oxalate}} X 44 \quad X \frac{100}{1000} \quad X \frac{1000}{50} \quad \text{g/litre}$$
$$= 0.0733 \times 44 \times 2$$
$$= 6.4504 \text{ g/litre}$$

100

1000

Amount of oxalate ions in tomato fruits:

Volume of tomato extract taken for titration=10 ml

Weight of tomato fruit taken = 50g

Normality of the KMnO₄ solution used for titration = 0.1923 N

Extract from	Burette reading		Volume of	Concordant	
tomato	Initial	Final	KMnO4 (ml)	value	
Raw fruit Fresh fruit	0	2	2	2	
	0	3	3	3	

For raw tomato fruit:

Amount of oxalate ions in 1000 g raw tomato extract

$$= N_{\text{oxalate}} X 44 X \frac{100}{1000} X \frac{1000}{50} g/litre$$
$$= 0.02038 \times 44 \times 2$$
$$= 1.7934 g/litre$$

For fresh tomato fruit

Amount of oxalate ions in 1000g fresh tomato extract

$$= N_{\text{oxalate}} X 44 \quad X \quad \frac{100}{1000} \quad X \quad \frac{1000}{50} \quad g/litre$$

= 0.03057 x 44 x 2

=2.6901

Amount of oxalate ions in guava fruit:

Volume of guava extract taken for titration =10 ml

Weight of guava fruit taken

= 50g

Normality of the KMno₄ solution for titration = 0.1923 N

Extract from	Burette reading		Volume of	Concordant
guava	Initial	Final	KMnO ₄ (ml)	vale
Raw Fruit	0	4.7	4.7	4.7
Ripe Fruit	0	5.3	5.3	5.3

For Raw guava fruit:

Amount of oxalate ions in 1000g raw guava extract

$$= N_{\text{oxalate}} X 44 \qquad X \qquad \frac{100}{1000} \qquad X \qquad \frac{1000}{50} \quad g/litre$$
$$= 0.0478 \text{ x } 44 \text{ x } 2$$
$$= 4.2064 \qquad g/litre$$

100

For Fresh guava fruit:

Amount of oxalate ions in 1000g fresh guava extract

 $= N_{\text{oxalate}} X 44 \quad X \quad \frac{100}{1000} \quad X \quad \frac{1000}{50} \quad g/litre$ = 0.1019x 44 x 2= 8.9672

CONCLUSION

It should be concluded that the increase in oxalate content was more in sapota than in guava and tomato. The presence of oxalate is injurious to health. The oxalate present in the riped fruits. But we should bear in mind the physiological power of oxalate in affecting the

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kidney based on the above facts, generally speaking and it is also advisable to take medium riped fruits (sapota, tomato, and guava) always balancing the taste of the fruit and physiological power of affecting the kidney by oxalate content.

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